

**MASSACHUSETTS LIVING WILL**

**TO:** My family, physicians and all  
those concerned with my care

I, \_\_\_\_\_

presently residing at \_\_\_\_\_, \_\_\_\_\_, and being an adult of sound mind, make this declaration as a directive to be followed if for any reason I become unable to make or communicate decisions regarding my medical care.

I do not want medical treatment that will keep me alive if I am unconscious and there is no reasonable prospect that I will ever be conscious again (even if I am not going to die soon in my medical condition) or if I am near death from an illness or injury with no reasonable prospect of recovery. The procedures and treatment to be withheld and withdrawn include, without limitation, surgery, antibiotics, cardiac and pulmonary resuscitation, respiratory support, and artificially administered feeding and fluids. I direct that treatment be limited to measures to keep me comfortable and to relieve pain, even if such measures shorten my life.

[OPTIONAL] \_\_\_\_\_ (Initial) I wish to live out my last days at home rather than in a hospital, if it does not jeopardize the chance of my recovery to a meaningful and conscious life and does not impose an undue burden on my family.

[OPTIONAL] \_\_\_\_\_ (Initial) If, upon my death, any of my tissue or organs would be of value for transplantation, therapy, advancement of medical or dental science, research, or other medical, educational or scientific purpose, I freely give my permission to the donation of such tissue or organs.

These directions are the exercise of my legal right to refuse treatment. Therefore, I expect my family, physicians, health care facilities and all concerned with my care to regard themselves as legally and morally bound to act in accordance with my wishes, and in so doing to be free from any liability for having followed my directions.

**IN WITNESS WHEREOF**, I have executed this declaration, as my free and voluntary act and deed, this \_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

\_\_\_\_\_  
Signature of Principal

WITNESS:

We, the undersigned witnesses, each hereby attest and declare under penalty of perjury under the laws of the Commonwealth of Massachusetts that: (1) the foregoing instrument was personally signed by \_\_\_\_\_ in my presence, and thereupon I, at his request and in his/her presence and in the presence of the other witnesses, have hereunto subscribed my name as a witness; (2) I did not sign the above signature of \_\_\_\_\_ for or at his/her direction; (3)

I personally know \_\_\_\_\_ and believe him/her to be of sound mind and under no constraint, duress, fraud or undue influence; (4) I am not related to \_\_\_\_\_ by blood, marriage or adoption; (5) I am not entitled (to the best of my knowledge and belief) to any portion of the estate of \_\_\_\_\_ upon his/her death under any will or codicil of \_\_\_\_\_ or by operation of law; (6) I do not have any present or inchoate claim against any portion of the estate of \_\_\_\_\_; (7) I do not have any financial responsibility for the medical care of \_\_\_\_\_; (8) I am not a physician or an employee of any physician, and I am not an operator or employee of, or patient in, any hospital, health care provider, residential care facility, community care facility or similar institution; and (9) I am at least 18 years of age.

Dated: \_\_\_\_\_, 20\_\_\_\_\_

\_\_\_\_\_  
Signature of Witness 1

residing at

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature of Witness 2

residing at

\_\_\_\_\_  
\_\_\_\_\_

**DISCLAIMER:** The law allows you to complete advance directives without the assistance of legal counsel. America Living Will Registry provides these advance directive forms as a service to you and does not take responsibility for the manner in which you complete them. If you have any questions about any part of these advance directive forms, be sure to consult an attorney before you sign them.

## MASSACHUSETTS HEALTH CARE PROXY

I, \_\_\_\_\_ (the Principal),

born on \_\_\_\_\_ and residing at \_\_\_\_\_, Massachusetts,  
pursuant to Massachusetts General Laws Chapter 201D, appoint the following person to be my  
Health Care Agent:

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

If my Health Care Agent named above is not available or declines to serve, I name as an alternate  
Health Care Agent:

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

I give my Health Care Agent authority to make all health care decisions on my behalf if I become  
incapable of making such decisions for myself, including but not limited to decisions concerning  
initiation, continuing, withdrawing or refusing any life-prolonging care, treatment, service or  
procedure, EXCEPT (here list the limitations, IF ANY, you wish to place on your Agent's  
authority): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

My Health Care Agent shall make health care decisions for me in accordance with my Health  
Care Agent's assessment of my wishes, including my religious and moral beliefs. If my wishes  
are unknown, my Health Care Agent shall make such decisions for me only in accordance with  
my Health Care Agent's assessment of my best interests.

My Agent may obtain any and all medical information, including medical information, as I would  
be entitled to receive. My Health Care Agent's authority to act on my behalf shall exist only for  
the period during which my attending physician determines that I lack capacity to make or  
communicate health care decisions for myself.

I sign this Health Care Proxy on \_\_\_\_\_, 20\_\_\_\_ in the presence of two  
witnesses.

Signed: \_\_\_\_\_

(If the Principal cannot sign) The principal is unable to sign and at the direction of the principal I  
have signed his/her name in his/her presence and in the presence of two witnesses.

Name: \_\_\_\_\_

Street: \_\_\_\_\_ City/Town: \_\_\_\_\_

We, the undersigned witnesses, each declare in the presence of the principal that neither of us has been named as Health Care Agent or alternate Health Care Agent in this Health Care Proxy, and we further declare that the principal signed this instrument as his/her Health Care Proxy, or directed its execution, in the presence of each of us, that each of us signs this Health Care Proxy as witness in the presence of the principal, and that to the best of our knowledge he/she is eighteen (18) years of age or over, of sound mind, and under no constraint or undue influence.

Witness: \_\_\_\_\_ Printed Name: \_\_\_\_\_

Address: \_\_\_\_\_

Witness: \_\_\_\_\_ Printed Name: \_\_\_\_\_

Address: \_\_\_\_\_

### STATEMENT OF HEALTH CARE AGENT (OPTIONAL)

**Health Care Agent:** I have been named by \_\_\_\_\_ (the “principal”) as the principal’s **Health Care Agent** by his or her Health Care Proxy and I hereby accept this appointment. The principal has communicated to me his/her health care wishes at a time of possible incapacity, and I will try to give effect to the principal’s wishes. I am not an operator, administrator or employee of a hospital, nursing home, rest home, Soldiers Home or other health facility where the principal is presently a patient or resident or has applied for admission; or if I am such a person, I am also related to the principal by blood, marriage or adoption.

Signature of **Health Care Agent:** \_\_\_\_\_ Date: \_\_\_\_\_

### STATEMENT OF ALTERNATE HEALTH CARE AGENT (OPTIONAL)

**Alternate:** I have been named by \_\_\_\_\_ the “principal”) as the principal’s **Alternate Health Care Agent** by his or her Health Care Proxy and I hereby accept this appointment. The principal has communicated to me his/her health care wishes. I am not an operator, administrator or employee of a hospital, nursing home, rest home, Soldiers Home or other health facility where the principal is presently a patient or resident or has applied for admission; or if I am such a person, I am also related to the principal by blood, marriage or adoption.

Signature of **Alternate Health Care Agent:** \_\_\_\_\_ Date: \_\_\_\_\_

This Health Care Proxy Form is adapted from a form prepared by The Central Massachusetts Partnership to Improve Care at the End of Life. The Partnership grants to reproduce this document in its entirety, so long as the source, including this statement, is shown. 12/03 BIDMC revision, 3/10. MC0874

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